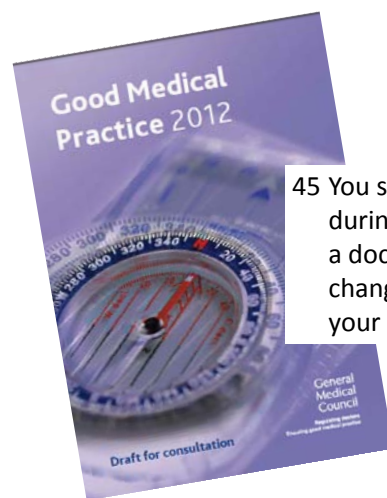


Mentoring - Achieving your full potential

Opportunity for a 'taster session' with a trained experienced mentor

Mentoring is used by most senior leaders either to get to the top or for continuing support while in the job. The GMC's draft Good Medical Practice 2012 guidelines state that



45 You should seek out a mentor during your first years working as a doctor and whenever your role changes significantly throughout your career.

GAT are offering conference participants a one hour mentoring session with one of a team of highly trained and experienced mentors all of whom use mentoring for themselves. The mentors are senior anaesthetists who have, between them held posts of Royal College Tutor, Deputy or Regional Adviser, and AAGBI Council members. Mentoring conversations are confidential.

Sessions will be most useful to conference participants who:

- Are strategic about your own development
- Want to discuss a potential opportunity or a dilemma
- Have specific educational or work needs
- Are at a cross road in your career - Career/life planning

Please email meetings@aagbi.org to arrange and appointment.